



OVERVIEW

The LG Professionals SA Women's Network Conference is an annual event for local government women at all levels, from all job roles, from both the indoor and outdoor workforce. The Conference program has been designed to help you flourish in your career and motivate you with stories of success and inspiration to support your personal and professional development.

This year's Conference theme is 'Connect, Discover, Soar'.

The insights provided by a range of engaging speakers from within and outside the local government sector will support you to connect with yourself and your peers, and to soar in your local government career - whether you want to lead teams or inspire from your current role.

By attending this conference, you can:

- ... Build your confidence, resilience and wellbeing
- :. Build and strengthen your local government networks
- ∴ Invest valuable time and energy into yourself, and your professional and personal growth
- :. Take away tools and tips to inspire you and grow your potential

PROGRAM

8:45 AM REGISTRATIONS

9:30 AM WELCOME & OPENING OF CONFERENCE

Emcee: Deb Richardson

9:35 AM WELCOME TO COUNTRY

Ashum Yarlupina Owen, Ngangki Warra

9:45 AM CONNECTING THROUGH ACCESIBILITY AND INCLUSION

Carly Findlay OAM

Women of Influence Awards.

Carly Findlay OAM is an award-winning writer, speaker and appearance activist. She was named as one of Australia's most influential women in the 2014 Australian Financial Review and Westpac 100

Working part time at Melbourne Fringe as their Access and Inclusion Coordinator, Carly has been able to shine a light on the importance of accessibility and visibility in workplaces – and beyond; showing that accessibility can be achieved.

How can workplaces make it safe and accessible for disabled people to apply for roles and thrive once appointed? Join Carly as she shares her story as a proud disabled woman and explore with your peers how good communication is key and taking feedback on board and implementing it is important.

0:30 AM CHAOS TO CALM: CLEARING THE DECK AND MASTERING THE MENTAL LOAD

Writer, speaker, arts worker and appearance activist

Bel Ryan

Mental Health and Wellbeing Expert, Ignite Wellbeing Co.

How are you? Ok. And how are you, really? Bel Ryan, a wellbeing speaker, specialises in helping you to minimise stress, reduce burnout and ignite your potential. She believes that we all need a space to be real and acknowledge our experiences, so that we can break through our barriers and realise true success, abundance, confidence, freedom and purpose.

Through storytelling, psychoeducation and interaction, this session will support you to reflect on your own mental load, recognise any indicators of burnout and identify positive wellbeing strategies. Attendees will leave this session with invaluable insights, self-awareness and strategies for navigating change, building resilience and maintaining work/life 'balance'.

11:15 AM MORNING TEA

1:45 AM MY STORY

Steph Paprzycki-Baker *Team Leader, Community Safety, City of Adelaide*

"Leadership to me is inspiring, motivating, and empowering people. It is about allowing yourself to be vulnerable while acting with integrity and honesty, owning your failures, and celebrating wins. Most of all, remaining humble." Hear from Steph, winner of the LG Professionals SA 2023 Emerging Leader of the Year award on how she has overcome challenges to achieve career success, grown into her role as a team leader, and brought others along on her leadership journey.









12:15 PM

PANEL: LOCAL GOVERNMENT LEADERS



Lee-anne Graham

Manager Business Solutions Alexandrina Council

Amy Hosking

Corporate Services Manager Northern Adelaide Waste Management Authority

Sheila McGregor

Depot Operations Manager Port Augusta City Council

Olivia Robinson

Horticulturist

City of Port Adelaide Enfield

In this interactive panel session, hear from four inspirational local government leaders from different roles, organisations and backgrounds. They will share their journeys so far including their challenges, successes and reflections on careers in the local government sector.

1:15 PM

LUNCH

2:15 PM

SAYING IT FORWARD



Mia Handshin

Director/Facilitator, LeadersHP

What would happen if you let go of your quest to get it right and "pitch it perfectly"? Mia Handshin is on a mission to inspire and support thousands of people to step into their courage zone, find their true voice and powerfully express their unique presence. Join Mia as she reveals the magic she discovered by getting real through some painful lessons on public podiums, political platforms and several leader-nightmares.

Mia's insights, practical tips and powerful tools for communicating with confidence, courage, and conviction, will support you to:

- Speak into resistance and effectively mobilise people for change with empathy
- Structure communication in line with the latest brain-science for true impact
- Unleash the power of speaking from your heart and sharing story in a way that creates connection
- Leverage the power of being truly present with people in listening

3:00 PM

LEADING OURSELVES COURAGEOUSLY: GETTING COMFORTABLE WITH BEING UNCOMFORTABLE



Dr Amy Silver

Psychologist

Dr Amy Silver has spent the past three decades researching and understanding how fear restricts us, and how our individual success relies on our relationship with fear. If we are controlled by fear, we will be pulled away from our goals and our best self will remain out of reach. In this session, explore how to become aware of the exact moment where fear starts to take control of your choices. Dr Silver will help you to understand what you want, how to get it and how fear gets in your way, giving you the superpower necessary for ultimate control over your future.

4:00 PM

REFLECTIONS & CLOSE

4:15 PM

NETWORKING, DRINKS & NIBBLES



REGISTRATION

REGISTER ONLINE

WWW.LGPROFESSIONALSSA.ORG.AU

For assistance please contact: 08 8224 2080 or mhay@lgprofessionalssa.org.au

INVESTMENT

LG Professionals SA Member: \$420.00 + GST = \$462.00

Non-Member: \$520.00 + GST = \$572.00

Please ensure you are logged in to access member rates.

Registrations at our events and programs are open to Local Government Professionals Australia, SA members, council employees (including part time, on leave and staff employed by third parties), employees of subsidiaries and Local Government Professionals Australia, SA invited guests.

Are you eligible for the member rate?

Check <u>here</u> to see if your organisation has a membership subscription. If so, follow the instructions to activate your membership and qualify for the member rates above.

BECOME A MEMBER

Become a member today to qualify for the member rates above. You could save \$110 on this event. Join online at www.lgprofessionalssa.org.au/Join-Now

WOMEN'S NETWORK DINNER

The Women's Network Committee are organising a 'pay your own way' dinner at a nearby CBD location the evening prior to the conference to give delegates an opportunity to network informally and enjoy a meal ahead of the event.

To register your interest, please indicate this within your online registration and further information will be shared.

PHOTO PERMISSION

By registering for this event, you accept the possibility that your photograph may be taken, and the image used or shared by LG Professionals SA for promotional and educational purposes. If you do not agree to this use, please indicate this on your registration form, or email a request to not be photographed to admin@lgprofessionalssa.org.au by 5pm Friday 27 October 2023.

DELEGATE LIST

As part of our commitment to our event sponsors and partners, we will be providing a list of registered attendees to sponsors, including name, position, organisation and email. If you do not wish for us to include your details, please email admin@lgprofessionalssa.org.au by 5pm Friday 27 October 2023.

CANCELLATION POLICY

Whilst Local Government Professionals Australia, SA is sympathetic to the inevitability of changing circumstances, each cancelled registration incurs a cost. It is for this reason that the following section of our cancellation policy applies:

- :. Cancellations received more than 3 weeks prior to event: 100% refund or credit
- ∴ Between 3 weeks and 1 week prior to event: 50% refund or credit
- ... Within 1 week of the event: None

Note:

- :. Registration is a commitment to pay. In the instance of a cancellation where the invoice remains unpaid, the terms of the cancellation policy will still apply and an amended invoice will be issued if applicable.
- In all cases substitutions are a preferred alternative. In this instance, no fees will be charged but LG Professionals SA must be notified of the substitution as soon as practicable.
- :. All refunds can alternatively be offered as a credit voucher to be used towards a future professional development opportunity – so your development opportunity is not lost but rather 'time shifted'.
- :. In the event of extenuating circumstances, requests for waiver of cancellation fees MUST be made in writing to the CEO and will be honoured only if they have been confirmed in writing by the CEO.

Please see full Cancellation Policy at www.lgprofessionalssa.org.au/
Governance-and-Policies

CHANGES TO EVENTS

LG Professionals SA reserves the right to change a speaker and/or agenda details at any time throughout the marketing lifecycle of an event or program.

We will do everything within our control to minimise the risks of changes to any event or program and will always endeavour to deliver the content that is advertised.

In the case of a change occurring in the lead up to an event, where time permits, we will notify all registrants within a timely manner.

CONNECT WITH US







A SPECIAL THANKS TO OUR CORPORATE AND EVENT PARTNERS:











